

LESSON 1: INTRODUCING THE JOURNEY

Instruction for Faith Educators

For Basic Level / Age 7	:	Cover all points
For Intermediate Level / Age 10	:	Cover all points
For Advanced Level / Age 13	:	Cover all points

The journey of learning the Catholic faith is an adventure. It is like following a long story with a beautiful beginning, a tragedy, a climax, and a triumphant ending. The aim of this session is to give you a brief description of your adventure.

In the course of your journey, you will learn the following:

... ABOUT GOD (Lessons 2 to 6)

You will discover how we can know for sure that God actually exists, and how He has revealed Himself to us. There are specific ways in which we as Christians can acquire a deeper understanding of God from His Word. You will also discover what happened when God created the invisible world (of the angels) as well as the visible world (that is, the universe as we are able to observe it). Part of what you will learn is also how Satan and the demons, and evil, came to exist.

... ABOUT HUMANITY (Lesson 7)

You will discover how humanity fell after being deceived by Satan, and what the consequences of the fall were on all mankind.

... ABOUT GOD'S SAVING ACT (Lessons 8 to 19)

You will discover how God refused to give up on mankind despite our fallenness and our sin, and how he used different people throughout the generations of humanity to work out His plan to save mankind and all of creation. This is all because of His great love. God used people like Noah, Abraham, Isaac, Jacob, Joseph, Moses, Joshua, David, and the various other prophets to lead His chosen people.

... ABOUT GOD BECOMING MAN (Lessons 20 to 25)

You will discover that the most important moment in God's saving plan was when He himself came to live among humanity as a man. Jesus Christ, the Son of God, came to dwell among us so that He could teach us how to live under the rule of God. He also came so that He could show us the fullness of God's love by sacrificing Himself for the sins of mankind, thereby making it possible for our friendship with God to be restored.

... ABOUT THE CHURCH (Lessons 25 to 44)

You will discover what the Holy Catholic Church is, and what the nature of her relationship with Jesus Christ is. The Church goes through different seasons in a liturgical year to remember the mysteries of Christ's birth, life, death, and resurrection, and also to remember all the saints

who are a part of the Body of Christ. Jesus loves His Church and continually imparts life to her.

... ABOUT PRAYER AND COMMUNION (Lessons 45 to 51)

You will discover how the Catholic individual communicates with God by praying with the Church. Our relationship with the Church also involves the spiritual support that we receive from the saints, the greatest of whom is the Blessed Virgin Mary.

... ABOUT THE CHRISTIAN LIFE (Lessons 52 to 63)

Later on, when you are in Form 4, you will discover how being a Catholic means we have certain standards of godliness to live by. You will learn some moral principles that Catholics need to cultivate in our lives to honour God. You will also learn how to introduce the Catholic faith to people so that they too can respond to the call of the Gospel.



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